

Signed, Sealed and Delivered

Description : 32 count, 4 wall, beginner/intermediate level

Chorégraphe : Julie Carr (England) Jan 2004

Music : "**Signed, Sealed and Delivered**" by Blue, CD Single

RIGHT TOE TAPS, RIGHT BEHIND AND TOUCH

1-2 Tap right toe to right side twice

3&4 Step right behind left, step left to left side, touch right toe next to left.

5-6 Tap right toe to right side twice

7&8 Step right behind left, step left to left side, step right to right side.

LEFT SAILOR 1/4 TURN, TOUCH FORWARD AND BACK, STEP LOCK STEP, ROCK 1/4 TURN LEFT

1&2 Step left behind right, step right beside left, make 1/4 turn left, step forward left.

3-4 Touch right forward, touch right back.

5&6 Step forward right, cross left behind right, step forward right.

7&8 Rock forward on left, rock back on right making 1/4 turn left, step left to left side.

RIGHT HEEL SWIVELS, TOE TWISTS AND DIAGONAL SHUFFLES

1&2 Swivel right heel in, out, in on ball of right foot (finish with weight equal)

3&4 Twist both heels and body right, left, right.

5&6 Step left diagonally forward, step right next to left, step left diagonally forward.

7&8 Step right diagonally forwards, step left next to right, step right diagonally forward.

LEFT ROCK STEP 1/4 TURN, FULL TURN LEFT, RIGHT AND LEFT HIP BUMPS (OR SNAKE ROLLS)

1&2 Rock forward on left, rock back on right making 1/4 turn left, step left- to left side

3-4 Make 1/2 turn stepping back on right, make 1/2 turn left stepping forward on left.

5&6 Bump hips right, left, right (or snake rolls)

7&8 Bumps hips left, right, left (or snake rolls)